

# Lecture 1 Introduction

\* Science is a method! We use it to do psychology.

→ The scientific method

1. Observe & describe phenomena
2. Hypothesis to explain ↑
3. Use hypothesis to predict
4. Use experiments to test predictions
5. If contradiction, willingness to abandon hypothesis.

→ Goal of course

- Become critical consumer of information
- Accept discomfort and look into unpleasant truth (human can be ugly!)